







# 2 ADJUSTABLE SWIMMER SETTINGS

Swimmers can easily customize the wedge height through five different settings

### PRACTICE BEFORE COMPETITION

Allows swimmers to learn how to use the device, find their setting and optimize the benefits prior to competition

### **EXPLOSIVE RACE START**

Adds power and agility to swimmer's backstroke start

# AFFORDABLE WAY TO GAIN EXPERIENCE

Coaches are finally able to outfit every lane with a backstroke starting device

### MANUAL SYSTEM

Much more affordable and versatile than automatic devices

### **MATERIALS**

Rods:Stainless Steel 316 Insert Plate:Steel Q235





### PRODUCT DESCRIPTION

Finally, the solution coaches have been looking for – an affordable way for swimmers to practice with a backstroke wedge before championship swim meets. The Backstroke Start Wedge is FINA-compliant and can be used during training and competition as a way for swimmers to get an explosive start without slipping.



DESIGNED IN CALIFORNIA





## BACKSTROKE START WEDGE | REPLACEMENT PARTS

Replacement Parts available for Backstroke Start Wedge.





## REPLACEMENT BLOCK STRAP

STYLE: 1.30.047

Upper numbered strap loops around the block posts or hand grips



### REPLACEMENT UPPER "S" HOOK

STYLE: 1.30.050

Optional block attachment hook



## REPLACEMENT GRIP TAPE

STYLE: 1.30.052

Self-adhesive replacement grip tape



### REPLACEMENT WEDGE STRAP

STYLE: 1.30.049

Lower strap connects to the Wedge



### REPLACEMENT LOWER "Z" HOOK

STYLE: 1.30.051

Connects the Wedge Strap

to Block Strap

